



## Young Blood

**Choreographer:** Alison & Peter, TheDanceFactory UK, January 2014  
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**Type of Dance:** 32 counts, 4 walls, Intermediate Line Dance with 2 Restarts  
**Choreographed to:** Young Blood – Sophie Ellis Bextor  
 52bpm – 4mins 28secs - Available from Amazon UK  
**Count In:** Start after 16 count intro

<i>Counts:</i>	<i>Footwork:</i>	<i>End Facing:</i>
<b>1-8</b>	<b>R fwd, L fwd rock/recover, ¼ L, ½ L ½ L, R cross step, L side, R back rock/recover, R side rock/recover, R back rock/recover</b>	
1-2&3	Step R forward, rock L forward, recover weight on R, turning ¼ left step L side	(9 o'clock)
&4&	Turning ½ left step R side, turning ½ left step L side, cross step R over L	(9 o'clock)
5	Step L side	
6&	Rock R back, recover weight on L	
7&8&	Rock R side, recover weight on L, rock R back, recover weight on L	
<b>9-16</b>	<b>R side &amp; L drag, L &amp; R back, ¼ L &amp; L side rock/recover, L &amp; R fwd, L fwd rock/recover, ¼ L &amp; L side, R cross step, L coaster</b>	
1-2&	Step R side (big step) and drag L together, step L back, step R back	
3&	Turning ¼ left rock L side, recover weight on R	(6 o'clock)
4&	Step L forward, step R forward	
5-6&	Rock L forward, recover weight on R, turning ¼ left step L side	(3 o'clock)
7&8&	Cross step R over L, step L back, step R together, step L forward	
<b>RESTART:</b>	<b>WALL 2 &amp; WALL 4 (<i>facing back wall, facing front wall</i>)</b>	
<b>ENDING:</b>	<b>WALL 9 starting facing front wall dance first 16 counts, step R forward, pivot ¼ L to front wall and hold</b>	
<b>17-24</b>	<b>R fwd, L fwd, ½ R pivot turn, L fwd, L full turn step R fwd, L fwd rock/recover, L back/together/cross, R side, L back rock/recover</b>	
1-2&3	Step R forward, step L forward, pivot ½ right, step L forward ( <i>extended 5th</i> )	(9 o'clock)
&4&	Turning ½ left step R back, turning ½ left step L forward, step R forward	(9 o'clock)
5&	Rock L forward, recover weight on R	
6&	Step L back, step R together,	
7&8&	Cross step L over R, step R side, rock L back, recover weight on R	
<b>25-32</b>	<b>L nightclub basic, R side full turn, L cross step, R side, L back rock/recover, ¼ L &amp; L fwd, turning ¼ left step R/L fwd</b>	
1-2&	Step L side, rock R back, recover weight on L,	
3&4	Turning ¼ right step R forward, turning ½ right step L back, turning ¼ right step R side	(9 o'clock)
&	Cross step L over R	
5-6&	Step R side, rock L back, recover weight on R	
7-8&	Turning ¼ left step L forward, turning ¼ left step R forward, step L forward	(6 o'clock) (3 o'clock)